

ENJOY THE JOURNEY

SOARING UP..LEARNERS TODAY, LEADERS TOMORROW

What Students Learned Last Month In Guidance:
February's CORE Essential Word of the Month:
Kindness

Last month was full of lots of AMAZING discussions about Kindness followed by some GREAT projects celebrating Kindness and Empathy!

Kindergarten & 1st Grade read a Little SPOT of Kindness & created KINDNESS bookmarks and then hid them in books in the library!

2nd Grade read the Kindness Quilt and created their own Quilt squares displaying pictures/words about kind acts. They also learned about the Slow Motion button on their remotes which helps them slow sown and process instructions.

3rd Grade continued working on their publishing project about the things they love.

4th & 5th Grade read the Sour Grape, created anonymous Kindness posters for students/staff in the school that we hung up for display. They also participated in a "If I walked in your shoes" project while learning about Empathy.

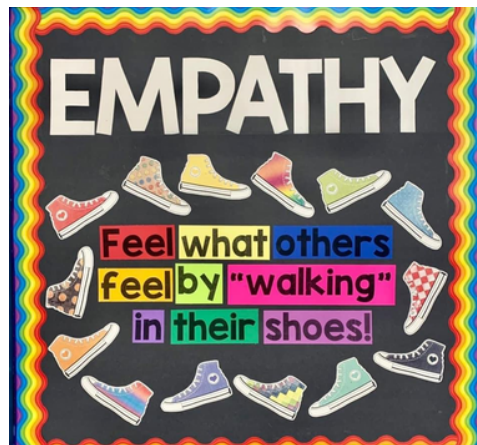
All Guidance lessons meet the ASCA Mindsets & Behaviors Guidelines.

If you would like to know more specifics about any lessons please feel free to reach out to me.



Homework Tips for You & Your Child:

- When?
 - Schedule homework for a set time each day.
 - Be consistent from day to day.
 - Schedule enough time to complete assignments. Give advance notice of homework time.
- Where?
 - Help your child select a homework place.
 - Steer clear of proximity to electronics
 - Stay nearby (if possible).
- How?
 - Set up rules.
 - Help him start.
 - Keep him going.
 - Give her a break.
 - Check in at the finish.
 - Offer praise.
 - Give rewards.
 - Stick with it.



CHECK OUT THE VLE WEBSITE FOR MORE INFORMATION

https://vles.ncmcs.org/parents/school_counseling